

Master of Science in Transpersonal Psychology
Akamai University
Dr. Elliot Benjamin
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The Transpersonal Psychology Program at Akamai University is an exciting venture that is designed to engage students in their studies in every aspect of their lives. The Akamai Transpersonal Psychology Program promotes individual development and transformation, while focusing upon critical thinking skills and a vision of one's self and the surrounding universe, which goes beyond personal considerations—entering the “transpersonal” realm.

This transpersonal realm may include a variety of experiences, inclusive of visions, dreams, creative work, psychic experiences, mysticism, spirituality, shamanic experiences, psychedelic experiences, and much more. However, the historical precedent of transpersonal psychology was the movement of humanistic psychology, which focused upon the factors of human growth, creativity, and self-actualization, in a context of warm, empathic, genuine, caring relationships. These essential human ingredients of caring and authenticity are factors that are interwoven in Akamai's Transpersonal Psychology Program, as humanistic psychology is intimately connected with transpersonal psychology at Akamai.

The principles of transpersonal psychology, when applied to other endeavors, can greatly improve the effectiveness of practitioners in a wide array of fields. This is especially true in the fields of mental and physical health, intentional healing, organizational development, environmental concerns, education, peace and diplomacy, and various human services. By advancing our understanding of the human experience in terms of the transpersonal, we can enhance our relationships and knowledge of the self, families, and our community. Research developed in this field is not speculative, but reflects real-life conditions that have practical applications and solutions, which have demonstrated results in all aspects of the human condition.

Transpersonal Psychology can address the special needs of the individual and community when applied to today's cultural conditions, as it addresses the personal aspects of living the human experience. This program will present students with the findings of contemporary research, and the latest evolving theories, as well as examining personal techniques which have proven most effective in making positive and lasting changes within the context of current challenges. It is our pleasure to invite serious students to join us in this quest for a fuller understanding of transpersonal experiences. Our goal is to nurture you in your potential to become self-actualized in life, and this may very well take its form in you experiencing altered states of consciousness as well as stimulating intellectual voyages.

We very much look forward to getting to know you in the context of you becoming a transpersonal psychology student at Akamai University.

PROGRAM AUDIENCE

The Transpersonal Psychology Program is designed to serve the needs of professionals currently in, or wishing to enter, the process of understanding their, and others', personal relationship to transpersonal events and processes, inclusive of the following:

- Psychologists and Practitioners whose career or personal interests move them into the fields of transpersonal studies.
- Practitioners of mind/body relationship modalities who are interested in the nature of transpersonal consciousness.
- Teachers and Counselors who wish to add to their current understanding of transpersonal relationships.
- Transpersonal Psychologists, Contemporary Alternative Practitioners, Jungian Counselors, and Archetypal Psychologists.
- Organizational Psychologists, Consultants, and Business People interested in pursuing a different course than their contemporaries.
- Spiritual Psychologists, Spiritual Counselors and Pastoral Counselors interested in building their understandings and skills.
- Experimental or Research Psychologists, Practitioners of contemporary non-traditional research design and qualitative studies in alternative psychology.
- Theoreticians and Researchers interested in fields such as Jungian Studies, dream studies, archetypal research, mythology, religion, Theosophy, or related areas.
- Individuals interested in such diverse areas as: spiritual psychology, metaphysics, divinity, noetic studies, gnostic studies, parapsychology, shamanic studies, mysticism and magickal realities, alternative psychologies, expressive states, the death-and-dying process, contemporary specialties, and other transformational processes.

LEARNING OBJECTIVES

The goals and objectives for the Master of Science in Transpersonal Psychology are as follows:

1. Learn the history, theories, principles, and practices of transpersonal psychology.
2. Understand the relationship between transpersonal psychology, spiritual traditions, traditional and non-traditional practices.
3. Develop the ability to engage in critical reflections and communicate using diverse perspectives.
4. Examine human experience, in terms of transpersonal approaches, to enhance personal relationships within the self, family, and the community-at-large.
5. Demonstrate the academic skills required to obtain degree completion and reach the individual goals that students have personally proposed.

DEGREE ENTRY REQUIREMENTS

As prerequisites for acceptance to the Master's Program, applicants should have completed the equivalent of a recognized baccalaureate degree in an appropriate field of study related to psychology or the social sciences with a minimum of 6 credits in undergraduate psychology (which can be taken through Akamai by making arrangements with CALCampus: www.calcampus.com) and have several years of meaningful professional experience. Applicants are expected to be proficient in collegiate English language skills. Applicants are expected to

have access to a computer, email, and the internet and other outside library resources for the full extent of their program.

DEGREE REQUIREMENTS

Master of Science in Transpersonal Psychology

Students in the Master of Science in Transpersonal and Conscious Studies will complete a minimum of 40 credits above the baccalaureate level including academic coursework, comprehensive examination and thesis project. Coursework requirements include the core elements of the academic major and a set of course modules comprising a major concentration. Master's students complete a comprehensive examination at the conclusion of their academic studies, prepare a formal thesis proposal, complete the thesis project, and prepare the manuscript for faculty review. Students also complete an oral review of thesis at the conclusion of the student's faculty committee's review of the manuscript.

Core Elements of Academic Major (Required: 18 credits minimum)

Major Concentration (Required: 9 credits minimum)

Advanced Research Preparation (Required: 3 credits minimum)

Comprehensive Examination (Required: 2 credits)

Thesis Proposal (Required: 2 credits)

Thesis Project (Required: 4 credits)

Oral Review of Thesis (Required: 2 credits)

Core Elements of the Academic Major (18 credits)

Participants complete core elements of the academic major comprised of 18 credits of mandated studies, as outlined below:

Core Elements Required:

TPP 501: Theories in Transpersonal Psychology (3 credits)

TPP 502: Modern Viewpoints in Transpersonal Psychology (3 credits)

TPP 503: Psychology of Transpersonal Experience (3 credits)

TPP 505: Perspectives in Cross-cultural Consciousness and Ethics (3 credits)

TPP 598: Practicum in Transpersonal Psychology (3 credits)

RES 500: Survey of Research Methods (3 credits)

Major Concentrations (9 credits)

As part of the requirements for the major in Master of Science in Transpersonal Psychology, participants must also complete nine credit concentrations in specialized studies selected from one of the following fields of inquiry:

Consciousness Studies

Divinity Studies

Dream Studies

Hypnosis Studies

Intentionality Studies

Magickal Studies

Metaphysical Studies

Spiritual Psychology

Transpersonal Studies

Consciousness Studies (Required 9 credits)

Required: TPP 506: The Psychology of Consciousness (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 518: Consciousness and the Creative Life (3 credits)

TPP 525: Foundations of Community Consciousness (3 credits)

TPP 546: Personality and Consciousness (3 credits)

TPP 550: Social Consciousness (3 credits)

TPP 551: Social Consciousness of the Organization (3 credits)

TPP 560: Consciousness and Sexuality (3 credits)

TPP 559: Individual Study (3 credits)

Divinity Studies (Required 9 credits)

Required: TPP 507: Foundations of Divinity Studies (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 528: Foundations of Non-Human Consciousness (3 credits)

TPP 531: Fundamentals of Buddhism and Eastern Religions (3 credits)

TPP 532: Fundamentals of Hinduism and Yoga (3 credits)

TPP 533: Fundamentals of Native American Spirituality (3 credits)

TPP 534: Psychology of Shamanism (3 credits)

TPP 535: Fundamentals of the Kabbalah (3 credits)

TPP 552: Sociology of Religion (3 credits)

TPP 559: Individual Study

Dream Studies (Required 9 credits)

Required: TPP 508: The Psychology of Dreams (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 516: Cardinal Archetypes (3 credits)

TPP 519: Consciousness of Myth and Ritual (3 credits)

TPP 522: Fairytales and Contemporary Society (3 credits)

TPP 529: Foundations of Symbolism (3 credits)

TPP 548: Science Fiction and Futurism (3 credits)

TPP 557: Transpersonal Dreaming (3 credits)

TPP 562: Personal Mythology and Dreamworking (3 credits)

TPP 559: Individual Study

Hypnosis Studies (Required 9 credits)

Required: TPP 509: The Psychology of Hypnosis (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 515: Attitude and Change Theory and Application (3 credits)

TPP 566: Hypnotic Regression (3 credits)

TPP 537: Hypnotherapy (3 credits)

TPP 540: Medical/Dental Hypnosis (3 credits)

TPP 544: Neuro-linguistic Programming (3 credits)

TPP 559: Individual Study

Intentionality Studies (Required 9 credits)

Required: TPP 510: The Psychology of Intentionality (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 521: Distant Intentionality (3 credits)

TPP 538: Kabbalistic Practices (3 credits)

TPP 542: Mind-Body Medicine (3 credits)

TPP 549: Shamanic Practices (3 credits)

TPP 553: Spiritualistic Practices (3 credits)

TPP 558: Transpersonal Medicine (3 credits)

TPP 559: Individual Study

Magickal Studies (Required 9 credits)

Required: TPP 511: The Psychology of Magickal Practice (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 517: Chaos Theories (3 credits)

TPP 523: Forecasting and Awareness (3 credits)

TPP 524: Foundations of Alchemy (3 credits)

TPP 526: Foundations of Magickal Realities (3 credits)

TPP 528: Foundations of Non-Human Consciousness (3 credits)

TPP 541: Meditation (3 credits)

TPP 543: Mysterium Conjunctus (3 credits)

TPP 559: Individual Study

Metaphysical Studies (Required 9 credits)

Required: TPP 512: The Psychology of Metaphysics (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 514: Archetypal Metaphors (3 credits)

TPP 527: Foundations of Mediumship and Channeling (3 credits)

TPP 528: Foundations of Non-Human Consciousness (3 credits)

TPP 539: Life Altering Experiences (3 credits)

TPP 541: Meditation (3 credits)

TPP 545: Non-Aristotelian Logic (3 credits)

TPP 556: Transcendent Realities (3 credits)

TPP 559: Individual Study

Spiritual Psychology Studies (Required 9 credits)

Required: TPP 513: The Psychology of Spirituality (3 credits)

PLUS: Six credits selected from among the following modules:

TPP 518: Consciousness and the Creative Life (3 credits)

TPP 539: Life Altering Experiences (3 credits)

TPP 541: Meditation (3 credits)

TPP 542: Mind-Body Medicine (3 credits)

TPP 553: Spiritualistic Practices (3 credits)

TPP 556: Transcendent Realities (3 credits)

TPP 558: Transpersonal Medicine (3 credits)

TPP 560: Spirituality and the Awareness of Cult Dangers (3 credits)

TPP 559: Individual Study

Transpersonal Studies (Required 9 credits)

Required: Nine credits selected from the following modules:

TPP 530: Foundations of Transpersonal Practice (3 credits)

TPP 536: Futurist Studies in Transpersonal Psychology (3 credits)

TPP 554: Transpersonal Consciousness (3 credits)

TPP 555: Transpersonal Emergencies and Crisis (3 credits)

TPP 556: Transcendent Realities (3 credits)

TPP 557: Transpersonal Dreaming (3 credits)

TPP 564: Parapsychology and Transpersonal Psychology (3 credits)

TPP 559: Individual Study

Advanced Research Preparation (Required: 3 credits minimum)

Master's students must pursue studies providing advanced research knowledge necessary for success in their final thesis projects. At least three semester credits of advanced thesis research preparation coursework is required beyond RES 500, and this might focus upon quantitative or qualitative methods, or participatory action research techniques including subject selection, research design, and statistical analysis, as appropriate to each student's proposed project. It is recommended that students take the advanced research preparation coursework after they have completed most or all of their transpersonal content courses, to have a solid basis of knowledge helpful to them in their subsequent thesis project. Through this requirement, students learn to effectively define applied problems or theoretical issues and articulate the rationale for the study. They should learn to present an effective scholarly review of the academic literature and implement quantitative, qualitative or participatory action methods for evaluating academic issues.

NOTE: The RES rubric electives for the Advanced Research Preparation course requirement is available online at <http://www.akamaiuniversity.us/Research.html#3>

Required: Minimum of three credits selected from among the following:

RES 502: Understanding Research Journal Articles (3 credits)

RES 504: Introductory Research Statistics (3 credits)

RES 506: Research Statistics (3 credits)

RES 508: Qualitative Research (3 credits)

RES 510: Participatory Action Research (3 credits)

RES 512: Effective Data Analysis (3 credits)

TPP 665: Transpersonal Psychology Research (3 credits)

Comprehensive Examination (Required: 2 credits)

Once students have completed the coursework elements of their degree, they will be asked to schedule the Comprehensive Examination. The primary mentor and a faculty member representing the secondary academic area conduct both the written and oral components of the examination. The written portion is open book style with selected essay questions requiring creative responses that reach for the higher levels of cognition. Your answers are expected to draw from both the primary and secondary competencies of your program with proper APA

referencing of the scholarly literature. The oral component of the examination is normally completed by telephone conference and is intended to allow detailed investigation of your written responses.

Required: EXM 880: Comprehensive Examination (Required: 2 credits)

Thesis Proposal (Required: 2 credits) You are expected to prepare a formal proposal related to your concept for research under the direction of your primary faculty advisor and according to University expectations. At a minimum, your research proposal should clarify the thesis statement and methodology (including the data gathering instruments and data analysis techniques) and provide an effective overview of the scholarly literature that sets the foundation for the thesis. Your research proposal should also include a brief manuscript outline that demonstrates how you will present in written form the various elements of the research project.

Required: RES 885: Thesis Proposal (Required: 2 credits)

Thesis Project (Required: 4 credits) Following approval of your thesis proposal, you will begin your research project. Your thesis may take the form of a traditional research project or it may be a major scholarly project of the type appropriate to the discipline. Whichever approach to the thesis is chosen, the resulting project must demonstrate mastery of a body of knowledge in the major field of study, be your original work and represent a meaningful contribution to the betterment of the human condition or an improvement to the professional field.

Your thesis research may be conducted via quantitative, qualitative, or participatory action research. The body of your thesis manuscript should be structured according to a set of approved manuscript guidelines, and should be between 75 and 100 double-spaced, typewritten pages. If your thesis takes the form of a scholarly project, it must follow the guidelines provided by the University for such projects.

Required: RES 890: Thesis Project (Required: 4 credits)

Oral Review of Thesis (Required: 2 credits) Once you have prepared the thesis manuscript, you will be asked to schedule the formal review process. Your primary faculty advisor and a faculty member representing the secondary academic area will conduct both the formal physical review of the thesis manuscript and the oral review of thesis.

The physical review of the thesis manuscript usually takes the review committee four to six weeks. Each reviewer will prepare questions and commentary relative to your underlying review of the literature, the thesis methodology, the mechanics of your project, and your presentation of the findings, conclusions and recommendations.

The Oral Review of Thesis is conducted under the direction of your primary faculty advisor with the assistance of one qualified member of the faculty. The examination is carried out by telephone conference call and is designed to allow detailed investigation of your thesis. The faculty reviewers explore with you issues related to your thesis, including methodology, the review of literature and interpretation of the findings.

One outcome of the thesis review process is a set of final expectations directing you through the remaining tasks for completing the thesis manuscript. Once your final manuscript is approved, you will submit the formal document to an approved bindery and later ship the bound thesis to the University for permanent archival storage.

Required: EXM 895: Oral Review of Thesis (Required: 2 credits)

THE THESIS COMMITTEE

Formation of Thesis Committee

Master's students have a Thesis Committee of two qualified graduate faculty appointed to oversee and govern the student's program structure, progress of studies, comprehensive examinations and thesis project.

Responsibilities of Thesis Committee

The responsibilities of the Thesis Committee, under the leadership of the Committee Chair, are as follows:

- Directing the preparation and approval of the student's plan for study, clarifying the timeline for study and the assignment of faculty to provide instruction and to assist with the functions of the Thesis Committee.
- Providing direction regarding the student's foundational studies, core studies, specialization, and research preparation coursework.
- Providing leadership by integrating appropriate research preparation coursework or assignments within the plan for study, distributing the coursework to appropriate faculty for instruction and advisement.
- Providing leadership for the written and oral components of the student's comprehensive final examination, in unity with the other Committee members.
- Providing oversight, direction, and mentorship during the conduct of the student's research project and manuscript preparation, in unity with the other Committee members.
- Providing leadership for the physical and oral reviews of the research manuscript, in unity with the other Committee members.
- Assist the student in making formal changes in the plan of study and timeline for completion, by written addendum, as needed to assure effective progress throughout the program of study.
- Providing final approval for the student's Thesis and overall degree program and cooperate fully in building the appropriate archival records for the University of record.

Master's Committee Appointment Schedule

- The Committee Chair is appointed immediately following the Master's student's registration and continues in charge of the student's program until final completion is recorded at the school of record. While the secondary member of the Thesis Committee is identified and confirmed at the onset of the program and listed in the plan of study, he or she becomes active later, just prior to the activities for which he or she is asked to participate.
- In lieu of the Thesis Committee Chair being appointed at the onset of the program, when appropriate, a primary faculty advisor will be appointed, in lieu of the Thesis Committee Chair, to guide the development of the Master's student's plan for study. Under this situation,

the Chair will be appointed later, one month prior to the commencing of the written component of the Comprehensive Examination and shall continue with governance of the student's program until final completion is recorded at the school of record.

- The Secondary Committee Member becomes active one month prior to the commencing the written component of the Comprehensive Examination and continues with the student's program until final completion is recorded at the school of record.

Building the Student's Plan for Study

Immediately following registration, Master's students begin work with their assigned Committee Chair in structuring their formal plan for study. The process determines and formalizes the elements of the student's Master's program and the timeline for completion. The plan for study includes the following essential elements:

- The designation of the degree major for the Study Plan
- The identification of the school contacts and contact information for the schools participating in the delivery of the Master's program.
- Identification of the required array of coursework for each element of the program.
- Identification of the secondary member of the Thesis Committee.
- Appointment and notification of the course module instructors.
- Acceptance of transfer courses for the student's program.
- The timeline for completion of the degree program.

These activities require active participation in program planning by the student and may take considerable time to complete the dialogue and exchange of information. Students are strongly advised to discuss with their committee chair in detail the elements in the plan for study including the coursework, the examinations, and elements of research including the manuscript guidelines.

Once all of the decisions have been made concerning the plan for study, the student and Committee Chair sign the formal document. Copies of the document are sent to the University headquarters for entry to the permanent student record. The plan for study is then distributed to the participating schools and becomes the document that determines effective progress toward the degree. When the expectations laid out in the plan for study have been successfully accomplished, the student is recommended for the degree by the Committee Chair. Students are alerted that the University can make no commitment to inclusion of course modules and assignment of instructors to a student's program until after the plan for study has been fully processed and approved.

CLASS DESCRIPTIONS

TPP 501: Theories in Transpersonal Psychology (3 credits)

This course provides students with an introduction to the field of transpersonal psychology. Course topics include the history and philosophy of transpersonal psychology, major contributors to the field, the roles of the transpersonal therapist, transformation and consciousness research, various contexts of transpersonal practice and organizational structures, the interplay of religion, spirituality, and transpersonal psychology, and cross-cultural traditions that have informed transpersonal studies.

TPP 502: Modern Viewpoints in Transpersonal Psychology (3 credits)

This course examines modern transpersonal psychology understandings, principles and practices, viewed as the conceptions of experience and understanding, styles of theorizing, investigative strategies, and transpersonal development. The student critically evaluates the most influential theories and research of transpersonal psychology, focusing upon four selected transpersonal thinkers, inclusive of Abraham Maslow and Ken Wilber. This is an overview course for the student, supporting the skills of critical thinking, research and writing in the field of the transpersonal.

TPP 503: Psychology of Transpersonal Experience (3 credits)

This course covers the psychology of transpersonal experience in a variety of dimensions, inclusive of philosophy, spirituality, psychotherapy, and research. Included in the psychotherapy component is the seminal humanistic psychotherapy approach of Carl Rogers, as humanistic psychology is the historical precursor of transpersonal psychology and is a cornerstone of the transpersonal psychology program at Akamai University. The research component of the course will focus on a number of contemporary transpersonal research approaches, as described by Rosemary Anderson and William Braud. The interplay of transpersonal psychology with philosophy, spirituality, and parapsychology will be based upon the comprehensive overview of transpersonal psychology given by Michael Daniels. The course will conclude with an experiential transpersonal psychotherapy exploration through the personal mythology work of David Feinstein and Stanley Krippner.

TPP 504: Professional and Ethical Standards in Transpersonal Psychology (3 credits)

The purpose of this course is to create awareness among counselors-in-training of their contribution in the therapeutic process and helping relationship. Topics include foundation for an ethical perspective; models for ethical decision making; ethical codes of professional organizations; client rights and counselor responsibilities; ethical concerns in multicultural psychology, special client populations, and ethical issues in specific modalities (i.e., group, marriage and family).

TPP 505: Perspectives in Cross-cultural Consciousness and Ethics (3 credits)

This course addresses the role of consciousness in a multicultural society. Course topics examine the importance, influence, historical perspectives and contemporary issues of cross-cultural transpersonal experiences. Students address cross-cultural differences in major dimensions of consciousness, including spirituality, perception, motivation, creative expression, parapsychology, social behavior, verbal and non-verbal behavior, values and meaning systems, research biases and their implications in transpersonal and consciousness studies. This course also serves as a basic introduction to Ethics, inclusive of various theories of morality and ethics, with a focus upon cross-cultural examples of the diversity of ethical practices and philosophies in the world.

TPP 506: The Psychology of Consciousness (3 credits)

This course examines the historical, philosophical, and psychological aspects of consciousness. Students develop an understanding of the field of consciousness studies as it relates to consciousness development, social learning, individual differences in development, outcomes of

social development, and applications to school, home, and other settings. Course topics examine the relationship between conscious states and psychological traditions, spiritual approaches, and scientific investigation.

TPP 507: Foundations of Divinity Studies (3 credits)

This course examines the effects and outcomes of various religious systems on the human consciousness and society. It offers a foundation for further investigation into religious experience and its transformative effects on the individual and the culture. Students are exposed to various methodologies of investigation including archaeology, history, mythology, and religious texts. Course offerings include the use of metaphors, symbols, and rituals that have influenced the human imagination.

TPP 508: The Psychology of Dreams (3 credits)

Students learn about the basic structure, symbolism, and techniques related to dream activities. Students will use these techniques to analyze archetypal material from areas of their choice. It could be dream analysis, art analysis, literature analysis, movie analysis or contemporary events analysis, which are also related to dreams. Course offerings include an exploration in dreamworking. Students will examine their own dreams in the class environment and are expected to discuss their findings throughout the course.

TPP 509: The Psychology of Hypnosis

This course incorporates current topics associated with altered states and hypnosis. Topics will include both theoretical and applied knowledge, providing students with a well-founded background in the field. Students will also learn self-hypnosis techniques, using those as a foundation for continued exploration. Course offerings include inductive techniques and state of consciousness awareness that form the basis for a therapeutic environment. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 510: The Psychology of Intentionality

This course examines the principles, mechanisms, and tools through which intuition can be developed. Topics include the historical, current, and future possibilities of creating the conditions by which perception can be expanded. Course offerings include an exploration of states of consciousness, spirituality, and healing as these impact the physiological, neurological, and psychological aspects of health. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 511: The Psychology of Magickal Practice (3 credits)

This course examines the principles, mechanisms, and tools used in modern magickal practices. Topics include the historical, current, and future possibilities surrounding magickal practices. Course offerings include an exploration of states of consciousness, awareness, and ritual practices as these impact the success of a magickal operation. Students are also exposed to safety issues as they commit to the psychological role-play of ritual experiences. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 512: The Psychology of Metaphysics (3 credits)

Metaphysics includes the study of “reality.” Students are encouraged to explore various themes and metaphors regarding the nature of reality and the subsequent outcomes of their investigations. Students undertake historical, current, and future possibility approaches to the various themes they use in their studies. Course offerings include an exploration of states of consciousness, spirituality, and healing as these impact the physiological, neurological, and psychological aspects of being.

TPP 513: The Psychology of Spirituality

This course examines the theories, principles, and practices of spirituality. Topics include the historical, current, and future possibilities surrounding spiritual practices. Course offerings include an exploration of ritual, mythology, and awareness as these impact the spirituality of individuals and groups. Students are expected to provide autobiographical information regarding their personal processes that have impacted their lives, health, and spiritual development.

TPP 514: Archetypal Metaphors (3 credits)

Archetypal material presents key concepts and skills needed to integrate various thought forms into the everyday life of the student. Students examine various metaphors and materials to develop a personal archetype for the specifications desired by the student. Course offerings include the multifaceted relationship between and amongst the personal consciousness, the shadow self, and the collective unconscious as related by C. G. Jung. Effective responses are discussed that assist in creating a harmonious communication between and amongst these aspects of the human condition.

TPP 515: Attitude and Change Theory and Application (3 credits)

This course involves a comprehensive analysis of theories of attitude acquisition, organization, and change. An emphasis is placed on attitude change through communication and effects of persuasive communication on public opinion. Students focus on the methodologies of providing a framework for change to occur and the criteria needed for the change to take place. Course offerings include an examination of the internal processes that remain just below the surface, which impact the attitude of the student and transformation processes. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 516: Cardinal Archetypes (3 credits)

This course provides students with an understanding of the archetype and its relationship to the collective unconscious. The student will select a specific archetypal design and observe its relationship – historical, current, and possible future – influences on the nature of the human experience. Authors like Joseph Campbell and C. G. Jung are studied. Emphasis is placed on enduring metaphors that have affected the human condition throughout its history.

TPP 517: Chaos Theories (3 credits)

This course provides a different philosophical and practical approach to the field of magick, inclusive of implications and ramifications it has on the human condition. Students examine both historical and modern magickal systems. Course offerings include an examination of how chaos theories have impacted ritualistic practices and their relevance in the world today. Students are

expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 518: Consciousness and the Creative Life (3 credits)

Students investigate major life areas in which consciousness and the transpersonal intersect. Areas covered include historical, current, and exploratory examinations into the connections between the personal conscious mind and the creative aspects of life. Analysis of theory and research on states of consciousness relate to the creative and artistic process. Topics include impression formation, integration, determinants of interpersonal creativity, and the attribution processes of the artist. Learning will be both didactic and experiential; students will have both the knowledge base of other theorists and the tools to validate their inner truths.

TPP 519: Consciousness of Myth and Ritual (3 credits)

This course on myth and ritual examines myth and ritual and the effects they have on day-to-day living. Students examine supplementary material such as literature, film, drama, and art that exemplify the persuasiveness of myth. Students will be asked to examine a case study, a narrative account of participation, or utilize observation methods to explore ritual experiences. Learning will include both the instructional and experiential aspects of living a personal myth as well as the rituals used to support that myth.

TPP 521: Distant Intentionality (3 credits)

This course explores the historical and modern practices of distance intentionality used for remote healing. Altered states, consciousness, intuition, prayer, and other modalities will be examined, along with the nature of universal connection and wholeness. Topics include the methods and practices of remote healing personally utilized by the student in his or her practice. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 522: Fairytales and Contemporary Society (3 credits)

Although fairytales are often seen as lore from the past, they are continuously emerging in contemporary society. They are the collective dream. A study of historical and emerging lore will reveal the archetypal metaphors that are trying to come to consciousness – compensating for imbalances that are manifest in the present collective worldview. This archetypal material can be found in movies, novels, recent scientific theories, and more. Students will be encouraged to search for material in a wide range of sources.

TPP 523: Forecasting and Awareness (3 credits)

This course provides an intensive review of the various systems of forecasting used by many historical and contemporary seers. Students explore various systems such as numerology, astrology, and remote viewing, in an effort to gain valuable insights into the creative unconsciousness and its ability to forecast remote events. Course offerings include an experiential aspect based on the student's personal awareness development. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 524: Foundations of Alchemy (3 credits)

This course focuses on translating into psychological terms the basic processes and formulas that were collected among the alchemical writings of the Middle East and Medieval Europe. Students will search the literature for alchemical references and relate these processes to individual or collective alchemical journeys. Students may describe, for instance, the rise and fall of certain worldviews, be they political, philosophical, or scientific, and relate them to basic alchemical processes.

TPP 525: Foundations of Community Consciousness (3 credits)

This course redefines human and social problems and the implications for social programs and policies; reviews the historical antecedents, conceptual models, strategies and tactics of social and community programs; and employs examples from selected social systems (e.g. criminal justice, education, employment, and mental health). Participants will pursue preliminary studies of the origins of community consciousness, its progression and current status. Best practices will be learned in conjunction with field exploration.

TPP 526: Foundations of Magickal Realities (3 credits)

This course is designed to create an understanding of the nature of reality and its relationship to external forces, initiations, and various types of work that explore the human ability to manipulate reality in conformity with the will of the practitioner. Students will explore historical and current figures who have influenced the field. Course offerings include an experiential aspect based on the student's personal experiences.

TPP 527: Foundations of Mediumship and Channeling (3 credits)

This course provides an intensive review of the techniques used in various forms of mediumship and channeling. Students will investigate the phenomena of the subject, its implications, scientific basis, and various outcomes to unfold their own latent processes. Course offerings include an experiential aspect based on the student's personal development in the field.

TPP 528: Foundations of Non-Human Consciousness (3 credits)

In this course students examine the works of individuals who have investigated the area of non-human consciousness. It provides various philosophical systems to be explored. This course provides students with the opportunity to integrate their coursework with current trends in transpersonal studies, non-human realities, or other related areas. Course offerings include an experiential aspect based on the student's personal experiences.

TPP 529: Foundations of Symbolism (3 credits)

This course will introduce the student to the concepts, historical background, and current understandings behind symbols and their effects in today's world. Students are required to develop a personal symbolism for use throughout their coursework. Course offerings include an experiential aspect based on the student's personal experience. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 530: Foundations of Transpersonal Practice (3 credits) This course provides transpersonal psychological techniques with reflections on application to practice. Topics cover

the fundamentals of interviewing, diagnosis, and record and report writing. Major theoretical approaches (dynamic, humanistic, behavioral, and non-traditional approaches) are examined. Students study the use of tape recordings, films, written records of interviews, and role-playing. Students are expected to understand the epistemological differences amongst the major schools of thought.

TPP 531: Fundamentals of Buddhism and Eastern Religions (3 credits)

This course concentrates on the foundations of Buddhism and Eastern Religions as it progressed through its history, current events, and future possibilities, including the continuing presence of the death and rebirth experience. Students may call upon the experiences collected among any of the world's Buddhist traditions as a foundation for this study. Course offerings include an experiential aspect based on the student's personal experience.

TPP 532: Fundamentals of Hinduism and Yoga (3 credits)

This course concentrates on the foundations of Hinduism and Yoga as it progressed through its history, current events, and future possibilities, including the continuing presence of the death and rebirth experience. Students may call upon the experiences collected among any Hinduism and Yogic practices as a foundation for this study. Course offerings include an experiential aspect based on the student's personal experience.

TPP 533: Fundamentals of Native American Spirituality (3 credits)

This course concentrates on the foundations of Native American Spirituality as it progressed through its history, current events, and future possibilities, including the continuing presence of the death and rebirth experience. Students may call upon the experiences collected among any of Native American traditions as a foundation for this study. Course offerings include an experiential aspect based on the student's personal experience.

TPP 534: Psychology of Shamanism (3 credits)

This course concentrates on the foundations of Shamanism as it progressed through its history, current events, and future possibilities, including the continuing presence of the death and rebirth experience. Students may call upon the experiences collected among any of the world's shamanistic traditions as a foundation for this study. Course offerings include an experiential aspect based on the student's personal experience.

TPP 535: Fundamentals of the Kabbalah (3 credits)

This course concentrates on the foundations of the Kabbalah as it progressed through its history, current events, and future possibilities, including the continuing presence of the death and rebirth experience. Students may call upon the experiences collected among any of the world's Kabbalahistic traditions as a foundation for this study. Course offerings include an experiential aspect based on the student's personal experience.

TPP 536: Futurist Studies in Transpersonal Psychology (3 credits) This course introduces students to various contemporary theories that are making their way onto the scene of transpersonal psychology. Theories include diverse areas such as quantum psychology, the Holographic Universe, and Leary's Info-Psychology. Students are encouraged to explore other futurist psychotherapies that deal with humanity and its relationship to physics and space. Also

explored will be the possible relationship between science, healing, consciousness, and philosophy.

TPP 537: Hypnotherapy (3 credits)

This course explores the role of the hypnotherapist in the treatment of fear, pain, addiction, and certain psycho-physical disorders. The course is concerned with direct and indirect induction techniques, alterations in speech patterns, metaphor, and the use of body language in a therapeutic setting. Course offerings include a practical aspect based on the student's personal experiences using hypnosis in the field. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 538: Kabbalistic Practices (3 credits)

This course introduces kabbalistic healing practices and their use in maintaining the health of individuals. Students explore the history, current status, and future possibilities of using this system in the world today. Course offerings include a practical aspect based on the student's personal experiences using these practices in the field. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 539: Life Altering Experiences (3 credits)

This course was created to explore the nature of life altering experiences which occur without an individual's personal intervention. Conditions may be arranged for such experiences to occur, but the experience itself is usually beyond the individual's control. The basis for this exploration will be out-of-body experiences, near-death experiences, and contact with extraordinary forces.

TPP 540: Medical/Dental Hypnosis (3 credits)

Students are introduced to hypnotic techniques employed for pain reduction, relaxation, and optimal health. Students explore the historical aspects and current usage of hypnosis in the field of healthcare. Course offerings include the practical usage of these techniques in the field. Students are expected to communicate their results to the instructor as they practice the techniques throughout the course.

TPP 541: Meditation (3 credits)

This course explores the creation of the various states surrounding meditative practices. The students will explore various methodologies surrounding the practice of meditation as well as its impacts on health, creativity, and personal development. Students are expected to communicate their results to the instructor as they practice the techniques developed throughout the course.

TPP 542: Mind-Body Medicine (3 credits)

This course explores various modalities for health and healing that relate to the mind-body connection. Students examine historical and current trends in medicine based on complementary medicine, the human biofield, integrative modalities, and alternative therapies. Course offerings include practical experiences with practitioners utilizing various methods and discuss how these methods are used in non-traditional healing practices. Students are expected to discuss their personal approach to health, healthcare, and healing.

TPP 543: Mysterium Conjunctus (3 credits)

In this course, students will explore the correspondence and differences between the ideas surrounding the Mysterium Conjunctus and the experiences of various saints and mystics, or ecstatic experiences reported in various traditions, as well as possibly one's own experience. Relationships to modern living of the spiritual dimension will also be explored. Students may use various sources such as important people in the movement or Masonic activities as addressed by A.G. Mackey as background material.

TPP 544: Neuro-linguistic Programming (3 credits)

This course concentrates on the development and usage of language in daily life. Topics presented include an overview of the historical and current issues, the use of language for state control and to alter experience. Students learn how to adapt their own internalized speech patterns to create optimized states. Students are expected to communicate their results to the instructor as they practice the techniques developed throughout the course.

TPP 545: Non-Aristotelian Logic (3 credits)

In this course students explore diverse logic systems, and their historical, current, and future possibilities. Students are exposed to non-linear systems and non-local realities and the physics behind these systems. Students are expected to communicate their results to the instructor as they practice the techniques developed throughout the course.

TPP 546: Personality and Consciousness (3 credits)

This course examines the field of personality and consciousness. Topics explore psychology's influence on consciousness and its effects on marital and couples' relationships, parent-child relationships, family relationships, and group relationships, in addition to child guidance, workplace consciousness, and parenting education. Students examine the meaning of various concepts such as inferiority complex, will to power, sibling rivalry, compensation and over-compensation. Students may choose among competing theories.

TPP 547: Remote Viewing (3 credits)

This course examines the history, current usage, and techniques of remote viewing. Students are exposed to the structures and practices at work to gather accurate information at a distance. Course offerings include an examination of how the conscious and unconscious processes overlap during a remote viewing session. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 548: Science Fiction and Futurism (3 credits)

Science fiction deals with the idea that humanity can predict its future through its writers, movies, radio programs, and other forms of media. Many of the past predictions have proven themselves invaluable to the direction that society has taken and the directions that it will take in the future. The students examine current, and historical, aspects of science fiction and futurism to define possible paths that humanity might take in its uncertain future.

TPP 549: Shamanic Practices (3 credits)

This course introduces shamanic healing practices and their use in maintaining the health of individuals. Students explore the history, current status, and future possibilities of using this centuries old system in the world today. Course offerings include a practical aspect based on the student's personal experiences using these practices in the field. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 550: Social Consciousness (3 credits)

This course examines the social factors in individual and group behavior. Students conduct a critical examination and analysis of major topics, dominant approaches, models, theory and research in the area of social consciousness, including methodologies used by social psychologists to investigate social behavior. Topics explore the methods used by social psychologists to investigate social behavior with attention to social perception, motivation, learning, attitudes, norms, social influence processes, the development and dynamics of groups, and the effects of social and cultural factors on the individual.

TPP 551: Social Consciousness of the Organization (3 credits)

This course examines the consciousness of organizations. Students explore the interrelationships between social and psychological factors, and organizational structure and process; emphasis on sources, consequences, and modes of resolution of intra-individual, intra-organizational, and inter-organizational conflict.

TPP 552: Sociology of Religion (3 credits)

This course explores the dialectic relationship between society and religion. Students examine the practices, history, and current events surrounding this relationship. Various theories and principles are considered related to the universal themes and roles of religion in a social setting. A case study of a church, religion, or movement will be a major part of the student's exploration.

TPP 553: Spiritualistic Practices (3 credits)

This course introduces spiritual healing practices and their use in maintaining the health of individuals. Students explore the history, current status, and future possibilities of using this system in the world today. Course offerings include a practical aspect based on the student's personal experiences using these practices in the field. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 554: Transpersonal Consciousness (3 credits) This course involves in-depth, advanced exploration of selected issues in transpersonal consciousness and the transpersonal vision, including non-locality, spirituality, levels of consciousness, ecological relationships, identity and identification, human and social development, psychedelics, service and scientific and empirical issues.

TPP 555: Transpersonal Emergencies and Crisis (3 credits) This course focuses on the emergent conditions that stem from the exploration of various religious and consciousness explorations. It is designed to assist the student in both personal and counseling situations. Students explore the patterns and situations surrounding emergent crisis formation and how to deal with them. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 556: Transcendent Realities (3 credits)

This catch-all course allows students to explore alternative realities beyond those involved in other courses. Students are encouraged to explore alternative realities that may not correspond well with course topics such as futurism, or magical realities, or myths, or legends. There are realities that occur at odd times within the life experiences of individuals. Students will explore these situations and their ramifications and outcomes. Students will develop the exact content of the course and its method of evaluation in conjunction with the mentor.

TPP 557: Transpersonal Dreaming (3 credits)

This course explores the relationship between dreaming and transpersonal transformation. It introduces students to the examination of the diverse meanings behind dreams, dream symbols, and their uses in the transformative process. It includes the development of a personal dream dictionary that students will use during their explorations.

TPP 558: Transpersonal Medicine (3 credits)

This course introduces transpersonal healing practices and their use in maintaining the health of individuals. Students explore the history, current status, and future possibilities of using this system in the world today. Students are expected to practice the techniques and provide critical feedback on their progress throughout the course.

TPP 559: Individual Study (1, 2, or 3 credits)

The individual study provides students an opportunity to improve knowledge, techniques, and understanding of a course that is not normally available. Students work with course instructors to define the parameters of the materials, research, instruction, and outcomes for the course. Students, in conjunction with the appropriate instructor, will create a proposal for completing this course. The proposal includes the course title, rationale for the study, specific activities, source materials, and evaluation methods. Approval for the study is given by the Center Director and, upon completion of all requirements; the course is added to the student's final transcript.

TPP 566: Hypnotic Regression (3 credits)

This course examines the methods used in hypnosis to regress clients to an earlier state or stage of life. Students explore the nature, historical basis, and techniques used by hypnotists in reaching the altered states needed for regression. Students also investigate the therapeutic aspects of using regression as a modality. Course topics include a practical aspect based on the student's personal experiences using hypnosis in the field. Students practice the techniques and provide critical feedback on their progress throughout the course.

TPP 598: Practicum in Transpersonal Psychology (3 credits)

Students investigate core aspects of transpersonal psychology within the professional environment through close contact with practitioners and real world situations. Upon approval by the Saybrook Institutional Review Board, students pursue field study through a supervised practice, apprenticeship, professional practice, advanced field study or other external exploration under the direction of a qualified mentor and an approved field site sponsor. Graduate students participate in the field study for a minimum of 120 contact hours. The field placement is expected to afford students appropriate practical hands-on experience and in-depth knowledge of their professions. Relevant course readings that pertain to a student's field experience will be

decided upon through consultation with the course instructor. Students complete a daily journal and prepare a scholarly paper summarizing their findings for the field study.

TPP 650: Consciousness and Sexuality (3 credits)

This course is focused upon the interplay of consciousness and sexuality, including altered states of consciousness, ecstatic states, transcendent experiences, spiritual experiences, and all forms of sexuality in their relationship to higher levels of consciousness. It is expected that students meet all learning objectives for the course, but there is also room for students to explore their personal interests in the area of consciousness and sexuality more deeply.

TPP 651: Spirituality and Awareness of Cult Dangers (3 credits)

This course is designed to enable students to evaluate the cult dangers as well as spiritual benefits of religious and spiritual groups, especially recently formed spiritual organizations that are currently controversial in regard to their possible cult characteristics. The emphasis will be upon “experiential” evaluation, and it is expected that students will be utilizing their experiences in either their own religious backgrounds or preferable their personal explorations of alternative spiritual groups. There will be required readings describing general factors involved with cult dangers of spiritual groups, as well as information pertaining to specific alternative spiritual groups and religious indoctrination. There will also be recommended readings that include cult awareness articles from journals and websites.

TPP 652: Personal Mythology and Dreamworking (3 credits)

This course introduces students to the idea that every person develops a particular personal mythology that guides and influences his or her perceptions, thoughts, feelings, and behaviors. This course is an intensive experiential course that will involve students going through a five stage process to become aware of their own personal myths that may no longer serve them, with the culmination of creating their new personal myths that reflect the ways in which they want their lives to unfold in fulfilling and expansive ways. Remembering and interpreting one’s relevant dreams throughout a student’s mythic process is an important part of the course.

TPP 653: Transpersonal Psychology Research (3 credits)

This course offers an in-depth study of transpersonal research methods, and RES 500: Survey of Research Methods is a prerequisite for TPP 653. Students focus upon a number of transpersonal research methodologies, and towards the end of the course they choose a transpersonal research methodology to study in more depth that is related to their plans for their master’s thesis or doctoral dissertation. Throughout the course, students will explore major transpersonal psychology research strategies, and build an understanding of the art and science of collecting, analyzing, and integrating transpersonal materials. The course also provides background on applied transpersonal psychology research and the major paradigms that inform and influence the field.

TPP 654: Parapsychology and Transpersonal Psychology (3 credits)

Parapsychology includes a wide diversity of alleged and controversial phenomena, ranging from psi phenomena consisting of telepathy, clairvoyance, precognition, and psychokinesis, to even more “esoteric” alleged phenomena such as soul travel, Poltergeist activity,

near-death experience, mediumship and afterlife communications, and reincarnation. In this course we will study the findings and arguments of both proponents and skeptics of parapsychological phenomena, and relate this to a study of altered states of consciousness and transpersonal psychology. The borderline between parapsychology and spirituality is often blurred, and we will also explore the relationship of parapsychology to spirituality in this course, both of which are dominant components of transpersonal psychology.

RES 500: Survey of Research Methods (3 Credits)

This course inspects the foundational techniques of scholarly research. Topics explore sources of scholarly research literature, proper methods for evaluating research reports, fundamentals of qualitative and quantitative research, as well as participatory action research methods.

EXM 880: Comprehensive Examination (2 credits) Master's students complete this comprehensive examination as a required element of their academic program, prior to undertaking their Master's thesis. The examination usually includes both written and oral components, and is confined to the programs of studies completed by the student.

RES 885: Thesis Proposal (2 credits)

This course is required of all Master's students, and is designed to guide them through the formal research proposal process for their final projects, including the development of the research methodology, data gathering device and data analysis techniques. Students also prepare annotated bibliographies of the major scholarly works underlying their project.

RES 890: Thesis (4 credits)

This course governs the conduct of the thesis project for the Master's level student. The Master's thesis is the demonstration of the mastery of a body of knowledge in a given field and is presented in a manuscript usually 75 or more pages in length. The final project may take any of several forms, depending upon the field of study and the expectations of faculty. This may be quantitative or qualitative research, participatory action research, or a major project demonstrating excellence. Master's students may re-enroll for this course for no credit, as needed.

EXM 895: Oral Review of Thesis (2 credits)

This examination is an oral review of the Master's thesis conducted by the student's graduate committee, immediately following their reading of the thesis manuscript.